Recommended apps:



Brainscape -Find, create, and share "smart flashcards" on any device.

DOUBLE your learning speed using the most effective study system on the planet. Keep all your content in sync across Brainscape's website and all your devices. Brainscape works by personalizing the TIMING of each flashcard repetition, using proven cognitive science. Whether you're learning a language, preparing for a test, or just acquiring some fun trivia, Brainscape spaces the repetition of each bite-sized concept based on exactly the right interval for YOUR brain. All you have to do is rate how well you know each concept, on a scale of 1-5, and Brainscape determines the right time to quiz you again.

Cost: Free (offers in-app purchases)



Letterpress - If you enjoy word games then you will love Letterpress for its intui-

tive play and beautiful design. Two players take turns spelling words to capture the board. Player with the most points wins!

Cost: Free (offers in-app purchases)



Desmos Graphing Calculator - Using our powerful and blazingly -fast math engine,

the calculator can instantly plot any equation, from lines and parabolas up through derivatives and Fourier series. Sliders make it a breeze to demonstrate function transformations

Cost: Free

Website https://www.desmos.com/



DoE-NSW Hospital School Connections 2018

Term 3

Sutherland Hospital School

It has been a busy time at Sutherland Hospital School. We finished term two off with a bang and celebrated our volunteers and all the hospital staff who support our Hospital School Orientation Tour. We truly appreciate all who are involved and realize how lucky we are to provide a service that supports not only Stage I History and PDHPE outcomes but also the Life Skills outcomes Stage 4 & 5. Approximately 1000 students take part in the tour annually.



Another fantastic milestone for our School Admin Manager, Kaye Walker, 30 years of service . Thank you Kaye, you are a great asset to our school.

We also hosted the Operation Art handover of art work to The Sutherland Hospital. The student's creations were amazing and very diverse. The hospital will be brightened by these art pieces. The visiting students were delightful and a pleasure to meet.

Without a doubt, the highlight of term 3 was the ANZAED conference. It was a great catch up with our Hospital school colleagues from St George and Bankstown. When not involved in the conference, it was lovely to explore Melbourne. Although many of the speaker's content was directed at therapists and specialised services, it was a worthwhile experience just to hear what is being offered for this cohort of students.

Look out Term 4, here we come!

Jacqui

SAVE THE DATE **Reminder:**

16-11-18

NSW Hospital Schools Association (NSWHSA) Annual General Meeting for all current members @ 5pm, Wild Ginger Thai Restaurant, The Rocks.

The meeting will be followed by dinner at 6pm for both members and non-members.

Dinner cost: Members \$25, Non-members \$45. RSVP to kay.howe@det.nsw.edu.au by 2-11-18. **Exact cash payment** on the night **ONLY**. Members must be financial by 5pm 14-11-18.

Photos from ANZAED conference Melbourne So ... what can parents do? Fri 3 - Sat 4th August 2018 Understand that in most environments, if food is plentiful, most children can regulate their eating and get the nutrition they need. Provide a variety of foods, within their economic possibilities, and avoid stocking food they deem unhealthy for their child. Avoid food-related power struggles with their child and their partner. Make mealtimes pleasant occasions and offer the child everything available – let the child choose what and how much food to eat. i**ing** has beauty eventione can see it EGACY Address Fears of Compassion Feeling undeserving A belief that self-compassion is weat of being vulnerable that self-co f that self-criticism is helpful, motivating of being taken advantage of A fe Grief backdraft: never feeling loved nce of sade



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#NSWhospitalschools





Legacy Founder (1890-1954)

Methods

ism: The Eating Disorders Inventory (ED): Gamer. Olmstead, & Polivy, 1963). The mit Buschade (BD-P) were used a - 52 (ntable) order psychopathology: The Eating Disorders Inventory (ED). A composite score for Thimmens, Bulmia, and Body Dissatisfaction subscales of the EDI were used to object of the EDI were used to the result of the Body (EDI) and the second score of the Thimmens, Bulmia, and Body Dissatisfaction subscales of the EDI were used to object of a score of the Thimmens, Bulmia, and Body Dissatisfaction subscales of the EDI were used to object of the Body (EDI) and the Body (EDI) and the Body (EDI) and (EDI





THANK YOU!

Remember, we are all human, we are all continually learning, we don't know it all. Curiosity and compassion are key.

Su*s*tainable @

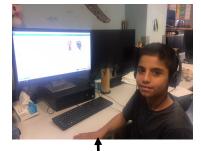
St George

St George Hospital has sought advice from Peter Dawe from the Botanical Gardens, Youth Greening Project to transform our outside courtyard into a fruit and vegetable garden. Peter met all the students and Georgina, our Maths teacher who is co-ordinating the project on Thursday 6 September, 2018. He is coming back soon with more ideas and free plants!













Photoshop Fun @ Bankstown

At Bankstown we have been using the Adobe Photoshop Elements 2018 program available for free download from the DoE. During ICT lessons, students have learned how to select themselves, cut, blurr backgrounds, and then reinsert their image back onto their original photos. Students have also learned how to add their image to an unrelated background for a bit of fun, enabling them to be somewhere they have never been before. To the left, is our student Aziz in the classroom, selected and cut, and then with a dolphin. I have also included the example I used of Suzanne and I in Melbourne :) Ros Lamaro







Term 3 has been an extremely busy term, both in the classroom and on the wards. The students have been involved in a range of engaging and, of course, fun learning activities.

The classroom theme for the term has been "Indigenous Cultures around the World." The students have learnt many interesting facts about the Inuit Eskimo, Mayan, Aztec and Inca, Maori, Masai, Amazonian, Bedouin, American indigenous and Australian indigenous cultures. Not surprisingly, the staff learnt a lot too!

We are very privileged to have a very close working relationship with the Starlight Captains and the Starlight Express Room (SER). The student formal was held in Week 8, in the Starlight Express Room. It was a jungle themed formal. Teachers, nurses, students and Starlight Captains all joined in the fun and frivolity by dressing in jungle inspired costumes. The SER was transformed into a jungle, which looked totally amazing, and there was even a jeep but, the piece de resistance was definitely the lolly bar because every jungle has a lolly bar, right?? There was also a prize for the best dressed team and I'm sure it will come as no surprise to you; the school team took out top honours. Not only did we have the formal but Hunter Valley Zoo also visited and J1 were hosting a superheroes day. It was a full on day but heaps of fun!

Book week was also celebrated with enthusiasm at JHHS. The staff and students dressed as the crayons in "The Day the Crayons Quit." They had fun parading their costumes throughout the children's hospital.

Staff and students also participated in professional learning around using apps in the classroom. Andrew Wright from ITeacher conducted the two day workshop, in the classroom. Some of the apps explored were "Explain Everything," "Nearpod," and "Hopscotch." All staff and students were engaged in applying the apps to topics being studied in the classroom.

The classroom students, under the coordination of teacher Anna Szorkovszky, created a sculpture artwork based on the book "My Place" by Nadia Wheatley, to be exhibited at Carrington Public School's Charity Art Expression 2018 auction. The artwork took approx. 6 weeks to complete and was made from recycled materials to fit the exhibition's theme of "Upcycled" art.











#NSWhospitalschools



SCIENCE WEEK

During science week, we:



Made model volcanoes, Created animations about day and night, Made crystals with Epsom salts, participated in a geology video conference

https://www.youtube.com/watch?v=CRe4rdEWeS8

FOOTY COLOURS



Fight Cancer Foundation's Footy Colours Day is a national fundraising campaign held during the month of September to support kids living with cancer. LHS wore their favourite footy team's colours on Friday to raise awareness.

FARMERS DAY FRIDAY

\$118.00 was raised by the Children's Ward community to support the 2018 Farmers Drought Appeal.



COMBINED NAIDOC DAY CELEBRATIONS:



This year, Liverpool Hospital School attended the combined schools NAIDOC celebration day with 22 local schools and their students.

https://youtu.be/YO96YoAawnA

CYBER SAFETY

Learning about cyber safety through the fantastic resources developed by the eSafety Office - <u>https://www.esafety.gov.gu/</u> Here are some posters we created:



(Make sure you check out "The Lost Summer", a game our neighbouring high schools assisted in designing.)





TI-PUVE

14 - 20 October 2018 M

The main aims of Anti-Poverty Week are to:

- Strengthen public understanding of the causes and consequences of poverty and hardship around the world and in Australia; and

- Encourage research, discussion and action to address these problems, including action by individuals, communities, organisations and governments.

Everyone is encouraged to help reduce poverty and hardship by <u>organising an</u> <u>activity</u> during the Week or <u>taking part in an activity organised by others</u>.

Poverty and severe hardship affect more than a million Australians. Around the world, more than a billion people are desperately poor. In Anti-Poverty Week, YOU can help fight poverty and hardship!



HSC written exams 18th October -9th November Schoolatoz practical help for parents

윤강 headspace

The 2018 **HSC** written exams are just around the corner, the following sites provide great advice and support for students, parents and carers during this time.

- <u>http://www.schoolatoz.nsw.edu.au/homework-and-study/</u> homework-tips/tips-for-surviving-the-hsc
- <u>https://www.youthbeyondblue.com/do-something-about-it/</u> surviving-year-12
- <u>https://www.goodschools.com.au/insights/education-updates/</u> how-to-support-your-child-through-year-12-exams
- <u>https://headspace.org.au/young-people/surviving-school-exams-and-stress/</u>

The Good

Schools Guide





Interesting Illawarra.....







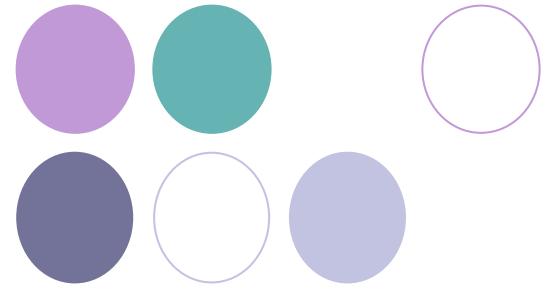


Illawarra Hospital School recently celebrated 'Party Week' with the Paediatric Ward at Wollongong Hospital. It was a week filled with many special visitors and fun activities for the children. The theme was Magical Kingdom. Each day the ward and school staff dressed up and we decorated our school to be the Dungeon of the kingdom.

Some of the highlights of the week were the belly dancers, Healthy Harold, Circus with Honora and the gorgeous Disney Princesses who did the most amazing facepainting. The children all loved the Therapy Dog that came to visit and the great experiments that they experienced with Jess from the Science Centre.

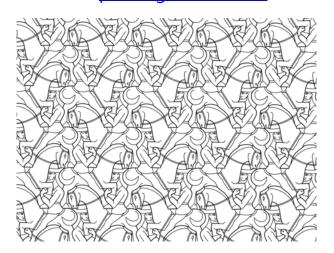
Crinitis donated amazing pizzas for the last day and Woolworths kindly donated party food. What a great week for everyone.

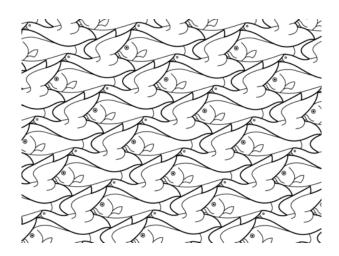
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Resources:

- Reading books for all ages under \$5
 <u>https://www.booktopia.com.au/books-online/kids-childrens-books/cY-p1.html?priceFilters=price-lessthan-AUD-5</u>
- Mathematical Tessellation Colouring pages
 <u>http://www.supercoloring.com/coloring-pages/arts-culture/</u>
 <u>tessellations</u>
- M.C.Escher coloring pages
 <u>http://www.supercoloring.com/coloring-pages/arts-culture/famous-paintings/mc-escher</u>





 12 games & activities for your classroom <u>https://www.boredteachers.com/resources/12-</u> <u>awesome-games-activities-to-make-your-</u> <u>classroom-fun</u>

